

Al-Karam, Carrie York, PhD – Psychology

BIO:

I am currently a faculty member at the University of Iowa and I conduct research, publish, and teach on Psychology of Religion and Spirituality, Islamic Psychology, and Spiritually Integrated Psychotherapy. I am also the founder of Al-Karam Institute for Islamic Psychology – a soon-to-be established nonprofit research and educational institution whose vision and mission is to be an international clearinghouse for Islamic psychology research and advocacy and to offer the first APA accredited graduate degree in Islamic Psychology. Coming from a diverse, cross-disciplinary academic background, I have a PhD in Psychology (Sofia University - 2011), an MA in Middle East Studies (American University of Beirut - 2003), and a BA in International Studies (SUNY Albany - 1998). Originally from upstate NY, I lived abroad for nearly 17 years in places such as the United Arab Emirates (10 years), Lebanon, France, Russia, Latvia, Turkey, and Singapore. My most recent co-edited book is *Mental Health and Psychological Practice in the United Arab Emirates* (2015). I am currently working on my second and third edited books: *Islamically Integrated Psychotherapy: Uniting Faith and Professional Practice* (Templeton Press, 2018) as well as *Islamic Psychology: Defining a Discipline* (Brill Publications, 2019).

Selective Publications:

Lambert D'raven, L., Pasha-Zaidi, N., Passmore, H.-A., & York Al-Karam, C. (2015). Developing an indigenous positive psychology in the United Arab Emirates. *Middle East Journal of Positive Psychology*, 1(1), 1-23. [PDF](#)